

Drużynowe Mistrzostwa Województwa Młodzików 12-letnich
Bochnia, 18. - 19.4.2009

Konkurencja 19
2009-04-18

Mężczyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.		
1.	KRAWIEC, Micha ³		97	MKP Bobry Dębica				4:51.08	419		
	50m:	32.22 32.22	150m:	1:45.49	36.97	250m:	3:00.39	37.71	350m:	4:15.25	37.38
	100m:	1:08.52 36.30	200m:	2:22.68	37.19	300m:	3:37.87	37.48	400m:	4:51.08	35.83
2.	KOWALSKI, Patryk		97	MKS UNIA Busko-Zdrój				4:53.36	410		
	50m:	33.90 33.90	150m:	1:48.34	37.49	250m:	3:03.43	37.61	350m:	4:17.69	36.92
	100m:	1:10.85 36.95	200m:	2:25.82	37.48	300m:	3:40.77	37.34	400m:	4:53.36	35.67
3.	CHOŁDA, Łukasz		97	MKS Jordan Kraków				4:53.93	407		
	50m:	32.74 32.74	150m:	1:46.56	37.38	250m:	3:02.78	38.10	350m:	4:18.48	37.64
	100m:	1:09.18 36.44	200m:	2:24.68	38.12	300m:	3:40.84	38.06	400m:	4:53.93	35.45
4.	DYTKOWSKI, Jan		97	KSZO Ostrowiec Świętokrzyski				5:08.37	353		
	50m:	33.70 33.70	150m:	1:51.27	39.55	250m:	3:10.96	39.83	350m:	4:30.39	39.18
	100m:	1:11.72 38.02	200m:	2:31.13	39.86	300m:	3:51.21	40.25	400m:	5:08.37	37.98
5.	MISTERKA, Krzysztof		97	ZKS "Unia" Tarnów				5:10.32	346		
	50m:	35.18 35.18	150m:	1:55.27	40.61	250m:	3:16.03	39.84	350m:	4:35.32	39.35
	100m:	1:14.66 39.48	200m:	2:36.19	40.92	300m:	3:55.97	39.94	400m:	5:10.32	35.00
6.	SKRZYPEK, Grzegorz		97	MKS Jordan Kraków				5:12.16	340		
	50m:	35.66 35.66	150m:	1:54.75	39.76	250m:	3:14.52	40.15	350m:	4:33.24	38.77
	100m:	1:14.99 39.33	200m:	2:34.37	39.62	300m:	3:54.47	39.95	400m:	5:12.16	38.92
7.	SZELĄG, Ernest		97	KSZO Ostrowiec Świętokrzyski				5:14.89	331		
	50m:	36.25 36.25	150m:	1:56.71	40.10	250m:	3:17.26	39.66	350m:	4:36.62	39.60
	100m:	1:16.61 40.36	200m:	2:37.60	40.89	300m:	3:57.02	39.76	400m:	5:14.89	38.27
8.	RUSZKOWSKI, Kacper		97	UKS Ósemka Oświęcim				5:15.11	330		
	50m:	34.83 34.83	150m:	1:54.60	40.69	250m:	3:17.24	40.89	350m:	4:37.38	40.29
	100m:	1:13.91 39.08	200m:	2:36.35	41.75	300m:	3:57.09	39.85	400m:	5:15.11	37.73
9.	MĘYNARCZYK, Adrian		97	MKS Jordan Kraków				5:16.12	327		
	50m:	35.71 35.71	150m:	1:55.73	40.62	250m:	3:15.30	39.99	350m:	4:34.57	39.34
	100m:	1:15.11 39.40	200m:	2:35.31	39.58	300m:	3:55.23	39.93	400m:	5:16.12	41.55
10.	BUJAK, Piotr		97	Korona-Swim Kielce				5:18.82	319		
	50m:	36.56 36.56	150m:	1:58.43	41.44	250m:	3:20.56	40.68	350m:	4:40.45	39.85
	100m:	1:16.99 40.43	200m:	2:39.88	41.45	300m:	4:00.60	40.04	400m:	5:18.82	38.37
11.	SOWIER, Wojciech		97	MKS Jordan Kraków				5:19.80	316		
	50m:	36.36 36.36	150m:	1:57.50	41.19	250m:	3:20.13	41.23	350m:	4:40.65	40.32
	100m:	1:16.31 39.95	200m:	2:38.90	41.40	300m:	4:00.33	40.20	400m:	5:19.80	39.15
12.	TROJAK, Jakub		97	T.S.P ³ ywak Bochnia				5:20.06	315		
	50m:	35.39 35.39	150m:	1:55.09	40.11	250m:	3:16.90	41.22	350m:	4:40.26	41.94
	100m:	1:14.98 39.59	200m:	2:35.68	40.59	300m:	3:58.32	41.42	400m:	5:20.06	39.80
13.	KOPTYRA, ARTUR		97	"MOTYL" MOSiR Stalowa Wola				5:22.37	309		
	50m:	35.65 35.65	150m:	1:57.57	41.07	250m:	3:20.64	41.66	350m:	4:44.47	41.46
	100m:	1:16.50 40.85	200m:	2:38.98	41.41	300m:	4:03.01	42.37	400m:	5:22.37	37.90
14.	BŁĘDEK, ARKADIUSZ		97	"MOTYL" MOSiR Stalowa Wola				5:29.43	289		
	50m:	37.15 37.15	150m:	1:59.96	41.82	250m:	3:24.82	42.74	350m:	4:49.83	41.93
	100m:	1:18.14 40.99	200m:	2:42.08	42.12	300m:	4:07.90	43.08	400m:	5:29.43	39.60
15.	GOLENIEC, Łukasz		97	UKS Ósemka Oświęcim				5:32.99	280		
	50m:	36.82 36.82	150m:	2:02.00	43.13	250m:	3:27.87	43.33	350m:	4:52.88	42.50
	100m:	1:18.87 42.05	200m:	2:44.54	42.54	300m:	4:10.38	42.51	400m:	5:32.99	40.11
16.	ZIMNICKI, Patryk		97	MUKS Foka Sandomierz				5:33.00	280		
	50m:	37.68 37.68	150m:	2:03.04	43.10	250m:	3:29.78	43.73	350m:	4:54.26	41.75
	100m:	1:19.94 42.26	200m:	2:46.05	43.01	300m:	4:12.51	42.73	400m:	5:33.00	38.74
17.	GAJEWSKI, Karol		97	Korona-Swim Kielce				5:35.08	275		
	50m:	36.98 36.98	150m:	2:02.21	43.12	250m:	3:27.91	43.23	350m:	4:53.95	43.07
	100m:	1:19.09 42.11	200m:	2:44.68	42.47	300m:	4:10.88	42.97	400m:	5:35.08	41.13

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Pozycja				Rok ur.					Czas	Pkt.		
18.	KOLASA, Adrian			97	KSZO Ostrowiec Œwiętokrzyski				5:41.02	261		
	50m:	39.64	39.64	150m:	2:04.96	43.02	250m:	3:32.84	43.47	350m:	5:00.25	43.52
	100m:	1:21.94	42.30	200m:	2:49.37	44.41	300m:	4:16.73	43.89	400m:	5:41.02	40.77
19.	WOŁEK, Marcin			97	KSZO Ostrowiec Œwiętokrzyski				5:45.42	251		
	50m:	38.93	38.93	150m:	2:05.61	43.90	250m:	3:35.12	44.85	350m:	5:04.38	44.87
	100m:	1:21.71	42.78	200m:	2:50.27	44.66	300m:	4:19.51	44.39	400m:	5:45.42	41.04
20.	BATKO, Daniel			97	MKS Jordan Kraków				5:46.42	249		
	50m:	38.87	38.87	150m:	2:05.78	43.66	250m:	3:35.97	45.21	350m:	5:04.80	43.76
	100m:	1:22.12	43.25	200m:	2:50.76	44.98	300m:	4:21.04	45.07	400m:	5:46.42	41.62
21.	GEMBALA, Konrad			97	UKS Ósemka Oświęcim				6:02.17	218		
	50m:	40.30	40.30	150m:	2:11.45	46.97	250m:	3:46.12	46.89	350m:	5:16.79	45.13
	100m:	1:24.48	44.18	200m:	2:59.23	47.78	300m:	4:31.66	45.54	400m:	6:02.17	45.38